

# ESS Summer Practices 2023

**June 12-July 13**

All Practices held at East High School

Monday		Tuesday		Wednesday		Thursday		Friday	
9:00-10:30	U13/U14 Girls	10:00-11:00	U9/U10 Boys	7:30-9:00	U18 Girls	10:00-11:00	U9/U10 Girls	10-11:30	U11 Boys
10:30-11:30	Jr. Academy	11:00-12:30	U11 Girls	9:00-10:30	U13/U14 Girls	11:00-12:30	U11 Girls	10-11:30	U12 Boys-ALL
11:30-12:30	U9/U10 Girls	11:00-12:30	U12 Girls	10:30-11:30	Jr. Academy	11:00-12:30	U12 Girls	11:30-1	U12 Girls
12:00-1:30	U14 Boys	12:30-2:00	U11 Boys	11:30-12:30	U9/U10 Boys	12:30-2:00	U11 Boys	11:30-1	U11 Girls
12:30-1:30	Keepers U11-U13	12:30-1:30	Keepers-U14-U18	12:30-1:30	Keepers U11-U13	12:30-2:00	U12 Boys-BLACK		
		2:00-3:30	U12 Boys- ALL	12:00-1:30	U14 Boys	2:00-3:30	U12 Boys-RED		
		2:00-3:30	U16 Girls			2:00-3:00	Keepers-U14-U18		
				Wednesday Evenings		Thursday Evenings			
				5:30-6:30	U9/10 Girls	5:30-6:30	U9/10 Boys		
				5:30-7:00	U16 Girls	5:30-7:00	U18 Girls		