



**Essentia Health**

**East Select Soccer Winter Sessions**

Sessions Start Monday, Feb. 3rd



**Essentia Health**

Mondays		
5-6:00	U9 Boys & Girls	St. Johns
6-7:00	U10 Boys & Girls	St Johns
Starts 2/24		

7-8:30	U11/12 Boys	St Johns
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Tuesdays		
5:30-6:30	U9/10 Girls	St Johns
6:30-8	U11/12 Girls	St Johns
8-9:30	U14 Girls	St Johns
7:30-9	U18 Girls	Congdon

Wednesdays		
7-8:30	U16 Girls	Lowell
Practice Starts Feb 12		

Thursdays		
6-7:30	U11/12 Girls	Lakewood
7:30-9	U14 Girls	Lakewood
5:30-6:30	U9/10 Boys	St Johns
6:30-8	U11/12 Boys	St Johns
8-9:30	U14 Boys	St Johns
7:30-9	U16 Boys	Congdon
8:30-10	U18 Boys & Girls	DISC
Session Starts 2/13		

Fridays		
5-6:00	U9 Boys & Girls	St. Johns
6-7:00	U10 Boys & Girls	St Johns
Will move to Mondays after winter break		

Saturday		
5-6:30	U14 Boys	DISC
6:30-8	U18 Boys	DISC

Sunday		
8-9:30	U16 Girls	DISC

**Addresses**

St. Johns- 1 W. Chisholm St

Congdon- 3116 E. Superior St

Lowell- 2000 Rice Lake Rd

Lakewood- 5207 N. Tischer Rd

Duluth Indoor Sports Center- 4402 Rice Lake Rd