



**Essentia Health**

# ESS Practice Schedule

Practices Start Monday, February 4th



**Essentia Health**

Monday	
St. Johns	
6-7:00	U9/10 Girls
7-8:30	U11/12 Girls

Tuesday	
St. Johns	
6-7:30	U13/14 Girls
7:30-9	U14 Boys

Wednesday	
OFF	

Thursday	
St. Johns	
6-7:30	U11/12 Girls
7:30-9	U11/12 Boys

Thursday	
Lakewood	
6-7:00	U9/10 Boys

Thursday	
DISC	
8:30-10	U15-18 Girls

Friday	
Lakewood	
6-7:00	U9/10 Girls
Homecroft	
5:30-6:30	U9/10 Boys
6:30-8	U11/12 Boys
Ordean	
6-7:30 (1ct)	U14 Boys
7:30-9 (3ct)	U15-18 Girls
DISC	
Starts Feb. 15th	
7-8:30	U13/14 Girls
8:30-10	U16/17 Boys

Saturday	
OFF	

Sunday	
DISC	
Starts Feb. 17th	
8-9:30	U16/17 Boys

**St John's School**

1 Chisholm St

**Lakewood School**

5207 N. Tischer Rd

**Homecroft School**

4784 Howard Gnesen Rd

**Duluth Indoor Sports Center**

4402 Rice Lake Rd

**Ordean Middle School**

2900 E. 4th St.



DULUTH · MINNESOTA

\*Formerly Arrowhead Tennis\*